

**OLMSTED FALLS HIGH SCHOOL  
ACTIVITIES AND CLUBS**

September, 2013

**ACADEMIC TEAM**

Advisor: Mrs. Rhonna Smith  
Start-up Date: September  
Ending Date: May (or after nationals if we qualify)  
Meetings: Twice a week after school September through April and  
once a week the rest of the year.

The Academic Team competes in two leagues (SWC and NEOAL). We compete in additional tournaments involving at least two Saturdays a month as well. Depending on the year and if we competed the previous year, we participate in Academic Challenge on TV5, the Brain Game on ONN, and Scholastic Games of Lorain County on WEOL Radio. Participation may include out-of-state travel for tournaments. Interested students should email Mrs. Smith at [rsmith@ofcs.net](mailto:rsmith@ofcs.net).

**AMERICAN SIGN LANGUAGE CLUB**

Advisor: Miss Nancy Czupik  
Start-up Date: Second week in September  
Ending Date: June  
Meetings: Weekly – Tuesdays, after school in T7

Meetings consist of lessons in American Sign Language (ALS) and the culture of the deaf community.

**ART CLUB**

Advisor: Mrs. Amber West  
Start-up Date: First week of September  
Ending Date: One to two weeks before end of school year depending  
on exam schedule  
Meetings: Weekly – Thursdays 2:15 p.m. to 3:15 p.m. in Room W4

There is no fee. You do not need to be in art class to be a member. Guest speakers, community and school service performed. Meetings are not announced. Please feel free to attend any Thursday. An art project or medium will be offered at most meetings. Students may work on this project or a project from class.

**CHEERLEADING**

Coaches: Miss Sokol, Miss LeBlanc  
Start-up Date: April Tryouts; August Start-up  
Ending Date: March  
Practice: Tuesday: Freshmen, J.V., & Varsity – 6:30 – 8:30 p.m.\*  
Competition – Sundays, 8 – 9:30 p.m.\*  
\* - times are approximate

Tryouts are in the early spring each year. Supervised practice sessions are held each year prior to tryouts. Anyone may try out and may choose to participate on one or two squads. In addition, girls may participate on the competition squad. Girls can participate in a sport and cheer during the opposite season.

### **CLASS OFFICERS**

Advisor: Mrs. Hannah Sparks  
Start-up Date: August  
Ending Date: June  
Meetings: Various times as needed

Class officer elections are held in the fall of the school year. Listen for announcements.

### **CREATIVE WRITING CLUB**

Advisors: Ms. Arnold, Mr. Harbison, Mrs. Sparks  
Start-up Date: Second week of September  
Ending Date: End of May  
Meetings: Once a week on Tuesdays for one hour

The Creative Writing Club is a group for anyone who enjoys writing, in any form or genre. This club is meant for authors to get together to write and share stories and expand their writing skills. Everything from poems, to short stories, to entire novels can be worked on, based on a prompt given that week. Every other week, stories are reviewed and shared to help members improve. Members can even contribute to a Prompt Bucket to suggest their own prompts and become more involved in the club.

### **DRILL TEAM**

Advisor: Mrs. Topolski  
Start-up Date: Three weeks prior to start of school  
Ending Date: Conclusion of marching band season; Memorial Day parade  
Tryouts: Spring  
Practice: Daily during football season – after school Mon., Tues., Wed. and Thursday evenings 6 – 9 p.m. Also, three weeks during the summer for camp.

### **FILM CLUB**

Advisor: Mr. Mercer  
Start-up Date: October  
Ending Date: May  
Meetings: Twice a month, on Mondays.

The film of the month will be selected on the first Monday of the month and permission slips given if the film is rated “R.” The last Monday of the month meeting we will view the selected film and discuss it. A separate committee of club members may write, produce, and film an original work. That film will be premiered at the May meeting. See Mr. Mercer for information.

### **FORENSIC CLUB**

Advisor: Miss Morris  
Start-up Date: October  
Ending Date: March  
Meetings: Twice a week for coaching, including Saturdays

More commonly known as the Speech and Debate Team, we have weekly competitions in Speech, Debate, and Acting throughout Ohio. No past experience is necessary but a passion for speech, debate or acting is a plus. Participants may earn membership in the National Forensic League and other honors. See Miss Morris if interested.

### **FRENCH CLUB**

Advisor: Mr. May  
Start-up Date: Mid-September  
Ending Date: Early May  
Meetings: Wednesdays, every three weeks, 2:20 p.m. – 3 p.m., Room T1

Dues are \$5.00 per semester. You do not need to be in the French language program to become a member. This organization is dedicated to promoting the various French cultures, including music, holidays, and food.

### **GSA: GAY STRAIGHT ALLIANCE**

Advisor: Mrs. Cutarelli and Miss Rasmusson  
Start-up Date: Mid-September  
Ending Date: Early May  
Meetings: Fridays 2:16

This club meets to discuss issues and topics in the LGBTQ community. Its mission is to help spread awareness and tolerance in the school and community. All are welcome.

### **HELPING HANDS**

Advisor: Mrs. Krakowiak  
Start-up Date: August  
Ending Date: July  
Meetings: Monthly

Helping Hands is a disability awareness program that helps people of all ages learn attitudes of acceptance, dignity, and respect toward all people, especially those with disabilities. The Helping Hands student group will participate together in educational activities, community service activities, educational supports, and celebrations. The HH student group is comprised of reliable students attending OFCS in grades 6-12.

### **INTRAMURAL BASKETBALL**

Advisors: Mr. James Ryan  
Start-up Date: After Winter Break  
Ending Date: End of February  
Meetings: As gym availability allows, according to schedule

Students are encouraged to submit a roster of their team members. Listen to announcements in December for roster deadlines and schedule.

### **INTERNATIONAL AND MULTICULTURAL CLUB**

Advisors: Mrs. Soto-Kacik, Mrs. Anderson  
Start-up Date: September  
Ending Date: May  
Meetings: Approximately two meetings each month after school

Your participation and interest will help you learn about other countries and the opportunities for becoming an exchange student yourself. Also, you will have the opportunity to help our foreign exchange students adjust to OFHS.

### **KEY CLUB**

Advisors: Mrs. Hughes, Mr. May  
Start-up Date: Middle of September  
Ending Date: Mid-May  
Meetings: Twice a month, mandatory

One must fill out an application during the membership drive and turn it in for evaluation. Dues must be paid. Regular attendance at meetings and events required.

### **KNITTING CLUB**

Advisor: Ms. Warren  
Starting date: Fall  
Ending date: Spring  
Meetings: Thursday after school 2:20-3:20  
There are no dues.

Knitting club is open to anyone who either knows how or wants to learn how to knit or crochet or cross-stitch or tat. It is also an opportunity to work on needlework projects. It is not necessary to attend every week. Many of the club members are working around other extracurricular activities and stop in when they can.

### **MASQUERS**

Advisor: Mr. Mercer  
Start-up Date: September  
Ending Date: April  
Meetings: Rehearsals vary according to show needs, and other meetings as announced

Masquers is Olmsted Falls' drama club. Each year Masquers will mount two productions, a fall play and the spring musical. Students will have the opportunity to act, sing, dance, build, and run these shows. In addition to performance opportunities, Masquers will also participate in activities to promote the dramatic arts. This might include a field trip to a play, or inviting performance professionals to work with the club.

### **NATIONAL HONOR SOCIETY**

Advisors: Mr. Insley  
Start-up Date: September  
Meetings: 9-10 times a year

Students are eligible for selection in October of their junior year. Students who have a cumulative grade point average of 3.6 or higher are eligible to make application. Selection is based on the criteria of scholarship, leadership, character, and citizenship.

### **POLAR BEAR CLUB**

Advisor: Mr. Novotny  
Start-up Date: After Christmas break  
Ending Date: Beginning of March  
Meetings: 2 – 3 days per week

This club is a pre-season sport conditioning program for all athletes. Athletes specifically interested in participating in track and who are not in a winter sport should definitely join.

### **Rho Kappa**

Advisor: Mr. Mercer, Mr. Pellerite, Mrs. Wendling  
Start-up Date: Sept.  
Ending Date: May  
Meetings: First Wednesday of each month.

It is a national honorary society for social studies. The goal is to promote study of the social sciences, service to the community, and good citizenship.

### **SADD** (Students Against Destructive Decisions)

Advisors: Mr. Hoslar, Ms. Rasmussen  
Start-up Date: 3<sup>rd</sup> week of school  
Ending Date: Last week of school  
Meetings: First and/or third Thursday of every month after school in B20.

Any student is welcome to be a part of SADD. This group promotes a healthy lifestyle through positive choices in school and community activities. SADD sponsored activities include Red Ribbon Week, smoking prevention programs, leadership training, freshman presentations, Prom Promise, and social and fund-raising activities.

### **SCIENCE CLUB**

Advisors: Mrs. Gregg, Mrs. Cumming, Mr. Yandell  
Start-up Date: September, 2012  
Ending Date: End of April  
Meetings: Approximately every other Wednesday (info on bulletin board in the hall near G28)

Activities are designed to learn science concepts in a fun manner. From the Annual Regatta, to learning fluid dynamics, to the production of ice cream, to discovering food chemistry, to the observation of brackish water - there is a mixture of physical, chemical, and biological experiences. Everyone is welcome. It is understood that students may sometimes have a conflict with other activities.

### **SKI AND SNOWBOARD CLUB**

Advisor: Ms. Langenderfer  
Start-up Date: Forms and money due early November  
Meetings: Thursday evenings during January and February at Brandywine.  
Leave from high school at 5 p.m.; return to high school at 10:30 p.m.

Sign up with advisor, fill out forms, and pay fees.

### **STUDENT AMBASSADORS**

Advisors: Mrs. Gurtsak, Mrs. Palmison, Mrs. Peterson  
Start-up Date: August – Freshmen and New Student Open Campus  
Ending Date: May

Students interested in improving the transition for students new to our school and district can get involved with Student Ambassadors. Please see your counselor to get involved.

### **STUDENT ATHLETIC TRAINING AIDES**

Advisors: Mr. Dave Godfray, ATC, Max Benton, ATC Southwest General Health Center  
Start-up Date: August 1  
Ending Date: Depends on seasons participating  
Meetings: After school until 6, game days vary

This select group of students assists the adult licensed athletic trainers in taking care of our student athletes. He/she assists with basic first aid and emergency response, preventive padding and taping, and additional duties as assigned by their supervising athletic trainer. Some of the qualities necessary for selection are a great sense of personal responsibility, reliability, dedication and dependability. They must be a strong student, rarely absent, and have an interest in serving others and in an allied medical field. Listen to P.A. announcements in February for sign-up or speak with a current student athletic aide.

## **STUDENT COUNCIL**

Advisor: Mr. Gibeaut  
Start-up Date: First two weeks of school  
Ending Date: End of school year  
Meetings: Most Wednesdays during the school year, 2:20-2:50pm

Membership involves setting up, conducting, and cleanup of dances. Regular attendance at monthly meetings is required. Assist with Homecoming festivities. Participate in philanthropic and other special events as determined by student input.

## **ULTIMATE FRISBEE CLUB**

Advisor: Mr. Zrenner  
Start-up Date: September  
Ending Date: May  
Meetings: Every Wednesday, 3 p.m. - 5 p.m. on the band practice field

Ultimate Frisbee will hold practices in the fall and spring. You can choose to join for one season or for both. Either way, you are considered part of the team. The official season is in the spring, which is optional and costs money. Weekly practices normally consist of one hour of drills and one hour of scrimmaging our own team.